

Calvary Academy Concussion Protocol

Any student suspected of sustaining a concussion or traumatic head injury shall be immediately removed from the activity (game, practice, tryouts, etc.) and shall not return to play until cleared by an appropriate health care professional.

Symptoms may include one or more of the following:

Headaches	“Pressure in head”
Nausea or vomiting	Neck pain
Balance problems or dizziness	Blurred, double, or fuzzy vision
Sensitivity to light or noise	Feeling sluggish or slowed down
Feeling foggy or groggy	Drowsiness
Change in sleep patterns	Amnesia
“Don’t feel right”	Fatigue or low energy
Sadness	Nervousness or anxiety
Irritability	More Emotional
Confusion	Concentration or Memory Problems
Repeating the same question/comment	(Forgetting Game plays)

Signs observed by teammates, parents, and coaches include:

Appears dazed	Vacant facial expression
Confused about assignment	Forgets plays
Is unsure of game, score, or opponent	Moves clumsily or displays in coordination
Answers questions slowly	Slurred speech
Shows behavior or personality changes	Can’t recall events prior to hit
Can’t recall events after hit	Seizures or convulsions
Any changes in typical behavior or personality	Loses consciousness

Our Concussion Protocol team, which includes Calvary Academy’s Administration, coaches, teacher on duty, or program supervisor, shall immediately notify school administration if a student is suspected of suffering from a concussion or head injury. Administration, Principal, coach, teacher, or program supervisor shall personally notify the parent/guardian and give him/her a copy of the Post-Concussion Instructions/Return to Play Clearance Form.

A student who is symptomatic but stable may be transported by his or her parents. The parents should be advised to contact the student's primary care provider or seek care at the nearest emergency department on the day of the injury. The child cannot return to school without clearance from a health professional. If the Health Care Professional certifies the student did NOT sustain a concussion, then the student may be released to return to play in the sport. If the Health Care Professional certifies that the student did sustain an injury, then the student may not return to school, sports, or PE activities without clearance of the Health Care Professional in writing as to each item: return to school, and return to PE classes and sports. The Health Care Professional must also outline any limitations, if any, the student needs in returning to school or physical activity.

Student/Parent Consent and Acknowledgements

By signing this form, we acknowledge we have been provided information regarding concussions from Calvary Academy.

Student:

Student Name (Print): _____ Grade: _____

Student Signature: _____ Date: _____

Parent or Legal Guardian:

Name (Print): _____

Signature: _____ Date: _____

Relationship to Student: _____