

# Calvary Academy Physical Education

## Grades 5-8

2020-2021

### **Gym Class Guidelines**

Required for P.E.:

- All students will be required to participate in gym class unless a doctor's note has been received prior to class.
- We will NOT be changing into gym clothes, using the locker rooms, or the gymnasium.
- Please wear comfortable gym shoes – we will be going outside as much as we can. Favorite gym shoes should not be worn on gym days.
- Deodorant (highly recommended, but not required)

### **Gym Class Rules**

1. When you hear the whistle, please stop what you are doing and listen.
2. Masks are required when we are inside. Masks are not mandatory when we are outside. If you would like to wear them when we are outside that is fine as well.
3. Please keep 6 feet apart the best you can and follow the directions given in class.

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### **Grades 5-8** – for in-person learners only

### **Grading Policy**

Written Tests: 10 points

Skill Test: 5 points

Behavior/Effort: 90 points a quarter/5 points a day

Total amount of points a quarter: 90 points min./120 points max.



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### **Grades 5-8** – Other information

\*We will be going outside as much as possible. When we are not able to go outside we will be in the classroom.

\*We will still have written tests for the sports that we cover

**\*\*Talking during a test will result in a ZERO for their test grade**

\*We won't be playing the actual games of each sport (flag football, soccer, volleyball, etc..). We will be covering the skills of each sport and playing games within the skills that are taught.

**“Rejoice in hope, be patient in tribulation, be constant in prayer.” Romans 12:12**